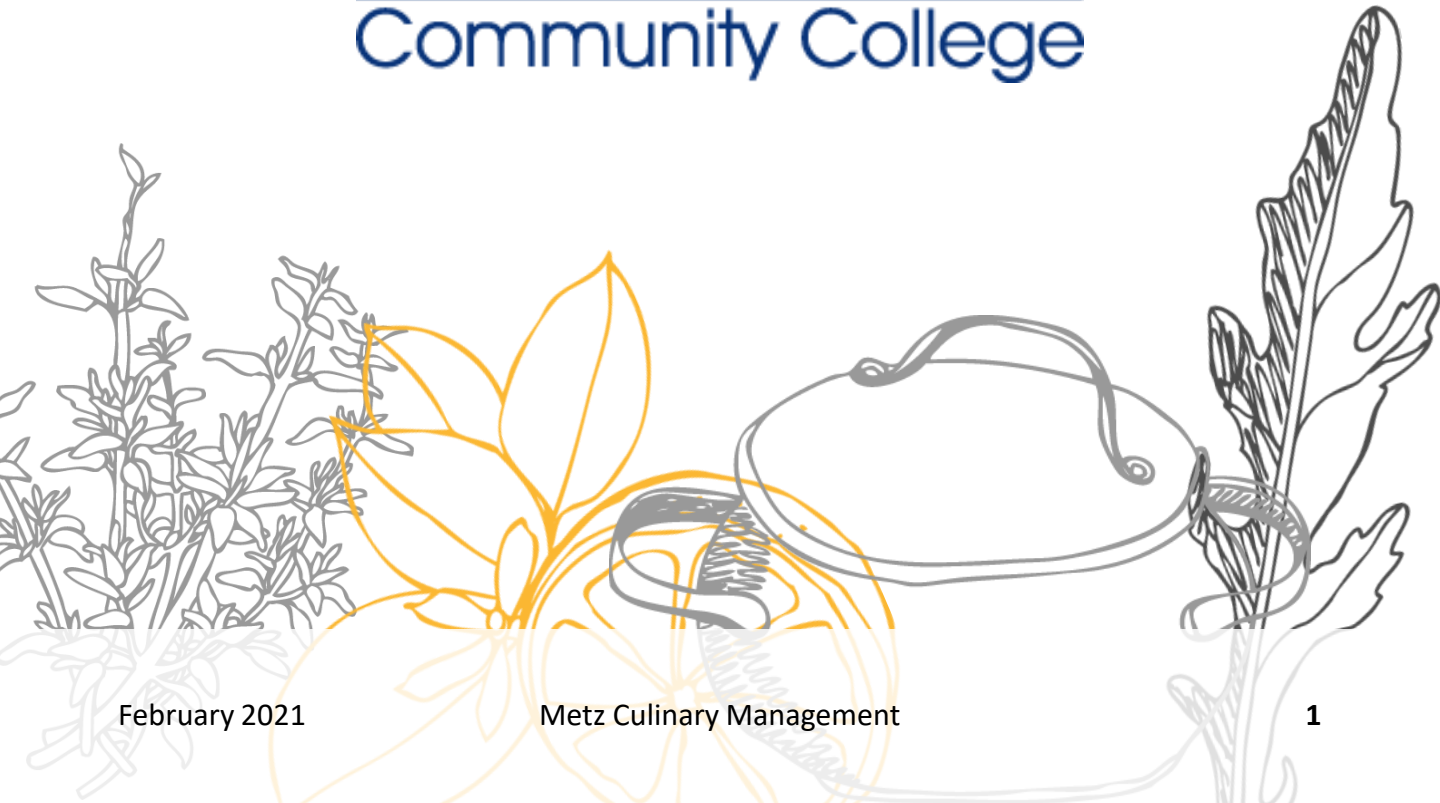




Metz
CULINARY MANAGEMENT

Monthly Update

HILLSBOROUGH
Community College





February 2021

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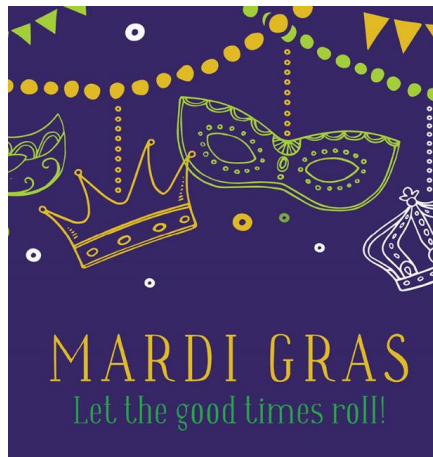
Contact Us.....9



February At A Glance!

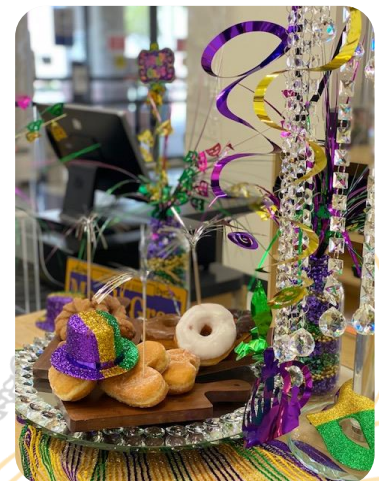
We had some great celebrations and specials that our Hawk's loved!

Everywhere else
it was just a
Tuesday but not
in Hawk's Cay
Café!



Stop by the
Hawk's Cay Café for our
Fat Tuesday Celebration
with Donuts, King Cakes
and Jambalaya

Beads & Bling....it's a Mardi Gras thing.





Monthly Update

THE
MAIN DISH

We showed our Hawk's some love with a Valentine promotion.
We offered lots of Valentine treats and everyone that pre ordered either with the toast take out app or online was automatically entered to win.



Congratulations to this gal, Diniz Alvarez Arzola! Diniz was the winner from our Giant Teddy Bear Valentine Promotion.



Oh yes we did....

Our Ultimate Nachos
were a big hit on
Tortilla Chip Day!



Monthly Update

DINING SITE
UPDATES 

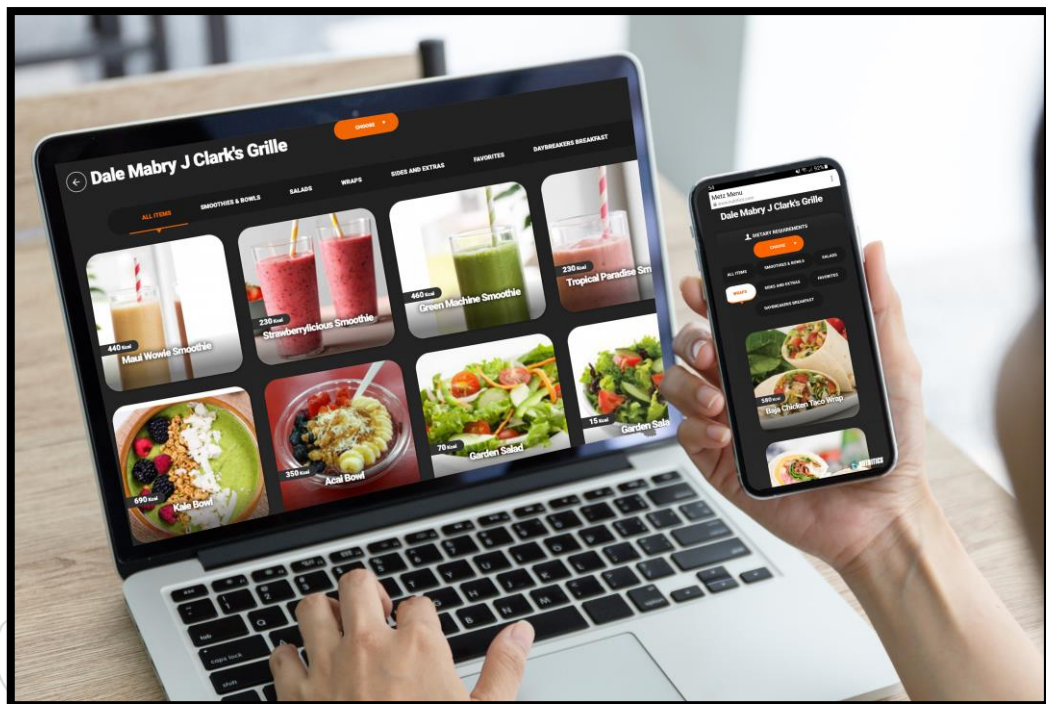
Nutritional information at your fingertips!

Scanning this QR Code or using the link below will give you the nutritional and allergen information on every item we serve at J Clark's Grille.

How cool is that?

*Pizza Hut and Subway are National Brands and list calorie counts only on their menus

<https://www.nutritics.com/menu/ma4020>





Monthly Update

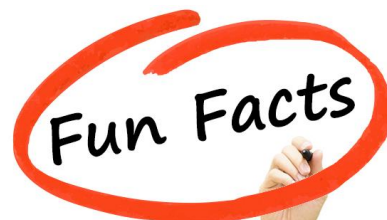


REPORTS

Our new online ordering system has been very popular and it helps to keep our guests and team members safe.



**ONLINE ORDERING
IS NOW JUST A
TAP AWAY AT HCC!**



40%

of all sales were
paid with an
HCC Dining Card



HCC DINING CARDS

**NOW AVAILABLE
TO PURCHASE
ON THE TOAST
APP OR ANY
REGISTER**

HCC Dining Card Benefits

Contactless Payment
Reloadable
Earn Rewards
Control your spending
Look up your balance
& points anytime

\$378.18

was redeemed in
Rewards Points
just for ordering
online or with the
toast takeout app

Rewards Members
earn 1 point for
every \$1 spent.
They receive a \$5
discount for every
50 points
redeemed.
That's 10% back!



February Safety Focus

During the month of February we focused on Working Smarter not Harder! With COVID we have a much smaller team and everyone needs to be able to handle multiple tasks. It's just easier to be safer.

Working Safer and Easier Trabajando Más Seguro y Fácil

For janitors, custodians, and housekeepers
Para limpiadores, bedeles, y amas de llave

WORK SAFER
TRABAJE EN FORMA MAS SEGURA

Avoid bending and exerting high force.
Evite doblarse y ejercer mucha fuerza.

Remain upright. Use a higher mop bucket.
Manténgase erguido. Use un cubo para trapear más alto.

A microfiber mop requires less force.
Escuela el trapador de microfibras usando menos fuerza.

LIFT SMARTER
LEVANTE CORRECTAMENTE

Avoid lifting and twisting.
Evite levantar y torcerse.

Bend knees. Keep back straight as you lift.
Doble sus rodillas. Mantenga recta su espalda.

Keep bucket close to body.
Mantenga el cubo cerca a su cuerpo.

REDUCE THE LIFT DISTANCE
REDUZCA LA DISTANCIA DE LEVANTE

Use the sink on the floor.
Use un fregadero a nivel del piso.

Tip the bucket and rest it on sink.
Vuelva el cubo y apóyelo en el fregadero.

AVOID LIFTING MOP BUCKETS
EVITE LEVANTAR CUBOS PARA TRAPEAR

Use mop buckets with a drain opening.
Use cubos de trapeo con una apertura de desagüe.

Take Action Against Distraction

ON THE JOB

Cell phones. Conversations. Social media. Daydreaming. Deadlines. Pressure. All are distractions and, on the job, these distractions can lead to accidents or injury. That's why it's so important to be observant and pay attention to the task at hand, whether it be working at your job or simply walking across the street. Here's how you can help eliminate distractions on the job:

- Plan your day if you can.
- Complete one task at a time.
- Take your time. Do not rush through a job under pressure.
- Pay attention to the task at hand.
- Tell others that you need to focus. Likewise, don't disturb coworkers while they are performing their jobs.
- Take a break after finishing a task or if you feel your attention starts to wane.
- Don't use your cell phone on the job. Save it for your breaks.
- Never text and drive. According to OSHA, studies show that drivers who receive or send text messages take their attention away from the road for an average of 4.6 seconds. If you are driving at 55 mph, that is like driving the length of a football field blindfolded.
- Deal with stress. If you find yourself becoming overly stressed, take a short break to take a deep breath or exercise.

Burn Awareness Week in February 7 to 13

Prevent Electrical Burns

An electrical burn is a serious burn that can occur when electricity comes in contact with your body. **IMPORTANT:** If you get an electrical burn, see your health care provider immediately.

While electrical burns may only cause mild skin damage, there can still be severe internal organ and tissue damage.

Here's how you can prevent electrical burns:

- Turn off the circuit breaker before working on anything electrical.
- Use child safety covers on electrical outlets if you have children or if children wear your home.
- Stay away from water when using electricity.
- Follow all manufacturer's instructions when using electrical equipment or appliances.
- Throw out damaged electrical cords. Do not use electrical tape to repair a frayed or damaged cord.
- Use ground fault circuit interrupters (GFCIs) in wet locations, construction sites and other high-risk areas.
- Keep away from downed power lines.

Safety Behavior: It's Not My Problem

"It's above my pay grade." "It's not my job." "It's not my problem." How many times have we heard these phrases on the job? Unsafe practices are your problem when it comes to your workplace. If you observe someone who is performing a task unsafely, skipping important safety steps or creating a hazard, then it is your duty to stop the person or report the incident to your supervisor.

Remember, you are responsible for:

- Adhering to all workplace policies and procedures.
- Complying with your state's and your employer's OSHA safety standards and procedures.
- Attending regular training for your job.
- Following safety concerns (and your organization's procedures) to file a concern.

CORRECTION

In "Wood Store Safety" (December 2020 issue) we stated that the wood store should be kept 30 feet away from any combustible item. The correct distance is 5 feet.

The Safety Source Project, ensuring the reach, printable, accurate, quick, clear, and easy-to-use, is a project of the National Safety Council. © 2021





{03}
2021}

What's on our table IN MARCH

6-8

We've got **Lady Gaga Oreos** just in time for Oreo Cookie Day!

11

Try our Spicy Thai Chicken Noodle Bowl for Eat Your Noodles Day

15-19

Enjoy your Mid Term Break!

23

It's National Chip & Dip Day. Stop by Hawk's Cay Café for individual Mexican 7 Layer Dip with Tortilla Chips.

30

We are serving up a Baja Chicken Bowl at J Clark's Grille for National Hot Chicken Day.





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